



OCTOBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Menus are subject to change without notice.</i>	<i>A variety of fruits and vegetables are offered with every meal. Milk served with every meal.</i>	<i>Alternate Entrée: Chef Salad USDA is an equal opportunity provider and employer.</i>	1 B- Cereal, WG Toast, Fruit/Juice, Milk L- Chicken Teriyaki, WG Rice, Peas, Peaches	2 B- WG Pancake & Sausage on Stick OR Cereal/WG Muffin, Fruit/Juice, Milk L- Goulash, Green Beans, WG Dinner Roll w/ Jelly, Mixed Fruit
5 B- Oatmeal OR Cereal/WG Muffin, Fruit/Juice, Milk L- Chicken Nuggets, Mashed Potatoes w/ Gravy, Corn, Pineapple Tidbits	6 B- Yogurt Parfait OR Cereal/WG Muffin, Fruit/Juice, Milk L- Nachos w/ Cheese Sauce or Bean Dip, Green Beans, Celery w/ PB, Mandarin Oranges	7 B- Scrambled Eggs, WG Toast OR Cereal/WG Toast, Fruit/Juice, Milk L- Hot Dog on WG Bun, Peas, Baked Beans, Pears	8 B- Breakfast Bar OR Cereal/WG Muffin, Fruit/Juice, Milk L- Vegetable Beef Soup, Romaine Lettuce Salad, WG Cheese Breadstick, Mixed Fruit	9 B- Cereal, WG Toast, Fruit/Juice, Milk L- Hamburger, FF and/or Swt. FF, Tomatoes, Peaches
12 B- Breakfast Pizza OR Cereal/WG Muffin, Fruit/Juice, Milk L- Tacos, Corn, Celery w/ PB, Pears	13 B- WG Waffles, Sausage OR Cereal/WG Waffle, Fruit/Juice, Milk L- Chicken Gravy over WG Biscuits/WG Bread, Peas, Applesauce	14 B- Egg Taco OR Cereal/WG Muffin, Fruit/Juice, Milk L- Chili Soup w/ Cheese, Cinnamon Roll, Romaine Lettuce Salad, Pineapple Tidbits	15 B- Cereal, WG Toast, Fruit/Juice, Milk L- Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Peaches	16 B- Toaster Pastry, Sausage OR Cereal/Sausage, Fruit/Juice, Milk L- Ham Patty on WG Bun, Peas, Tator Gems and/or Swt. Tator Gems, Mixed Fruit
19 B- French Toast Sticks OR Cereal/WG Muffin, Fruit/Juice, Milk L- Pork Patty on WG Bun, Mashed Potatoes w/ Gravy, Corn, Pears	20 B- Sausage Gravy over WG Biscuits OR Cereal/WG Biscuit, Fruit/Juice, Milk L- Spaghetti, Green Beans, WG Garlic Bread, Peaches	21 B- Cereal, WG Toast, Fruit/Juice, Milk L- Chicken Noodle Soup, PB & Jelly Sandwich, Romaine Lettuce Salad, Mandarin Oranges	22 B- Yogurt Parfait OR Cereal/WG Muffin, Fruit/Juice, Milk L- Submarines on WG Bun, FF and/or Swt. FF, Peas, Mixed Fruit	23 NO SCHOOL FALL BREAK
26 B- Breakfast Bar OR Cereal/WG Muffin, Fruit/Juice, Milk L- Tomato Soup, Cheese Sandwich, Romaine Lettuce Salad, Applesauce	27 B- Cereal, WG Toast, Fruit/Juice, Milk L- Pizza Sandwich, Green Beans, Black Bean Salad, Mandarin Oranges	28 B- WG Pancakes, Sausage OR Cereal/Sausage, Fruit/Juice, Milk L- Sloppy Joes on WG Bun, Broccoli w/ Cheese, FF and/or Swt. FF, Peaches	29 B- Omelet, WG Toast OR Cereal/WG Toast, Fruit/Juice, Milk L- Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Corn, Pears	30 B- Mummy OR Crispy Critters/Goblin Maggots/Dracula's Blood, Witches Brew L- Werewolf Delights, Gremlin Goo, Mini Eyeballs, Brain Bits